

CERVA



WORKPLACE MATTING

What is a

Musculoskeletal Disorder?

Musculoskeletal disorders (MSDs) are conditions affecting the muscles, tendons, ligaments, nerves or other soft tissues. They are normally categorised as Upper Limb MSDs or Lower Limb MSDs, or specifically Back Pain. MSDs characteristically creep on over a period of time, starting with mild discomfort which can then accelerate into acute pain. Repetitive work and prolonged standing can affect many parts of the body but most frequently is associated with Lower Limb MSDs.

RISKS ASSOCIATED WITH PROLONGED STANDING...

(especially on hard floor surfaces) include damaged joints, swelling of the legs, foot problems such as bunions, corns, Achilles Tendonitis and other orthopaedic conditions. Standing in static positions can cause blood to pool in the feet. Varicose Veins and similar venous disorders are other dangers. Back, hip and neck pain are also common. Regular prolonged standing in a static position can slowly diminish elasticity in the soft tissues (such as muscles, ligaments and tendons) and this degenerative damage can lead to rheumatic diseases.

ANTI-FATIGUE MATTING CAN HELP...

by encouraging regular foot movement (even in static positions) as the feet subtly adapt to the mat's cushioned surface, promoting healthier circulation. This movement, although subtle, forces the foot and calf muscles to expand and contract, which activates the Venous Pump, pushing blood back up to the heart against the force of gravity. This naturally occurs when we walk, and an anti-fatigue mat helps to replicate the action despite users very often standing in predominantly static positions.

EUROPEAN STATISTICS

MSDs remain the most common occupational diseases in the EU and they are widespread across all member countries. They are an increasing problem and one of the most common causes of long-term sickness absences.

Over 40 million workers in Europe are affected by MSDs attributable to their work. It is estimated that MSDs cost some 240 billion euros per year in lost productivity.

EU member states expect to see 50% of their population diagnosed with an MSD by 2030. Studies also suggest that people with MSDs are also likely to have depression or anxiety problems related to their conditions.

A European Survey on Working Conditions (ESWC) revealed that nearly 25% of workers in Europe suffered backache, over 20% experienced muscular pains, while nearly half of those surveyed complained of working in painful or tiring positions.

Over 35% of respondents to the ESWC considered their work to affect their health - the most common problems being backache, muscular pain, as well as overall fatigue and stress.

Repetitive work is the most common risk factor, followed by prolonged standing and working in painful or tiring positions.

***Source: European Agency for Safety and Health at Work**



ORTHOMAT® RIBBED

The original fatigue fighter



- Orthomat® Ribbed: Raised ribbed surface.
- Available as Orthomat® Safety with bright yellow bevelled edge borders.
- Orthomat® conforms to Slip Resistance Test EN 13552 (Category R10) + Fire Tested to DIN 54332 (B2) part of DIN 4102.

| Size | Grey | Safety | Weight |
|-------------------------|-----------|-----------|----------|
| 0.6m x 0.9m | AL060001 | AL060701 | 1.50 kg |
| 0.9m x 1.5m | AL060002 | AL060702 | 3.00 kg |
| 0.9m x 18.3m | AL060003 | AL060703 | 38.00 kg |
| 0.9m x per linear metre | AL060003C | AL060703C | 2.00 kg |
| 1.2m x 18m | AL060004 | AL060704 | 51.00 kg |
| 1.2m x per linear metre | AL060004C | AL060704C | 4.00 kg |
| 0.6m x 18.3m | AL060005 | - | 31.00 kg |
| 0.6m x per linear metre | AL060005C | - | 1.70 kg |



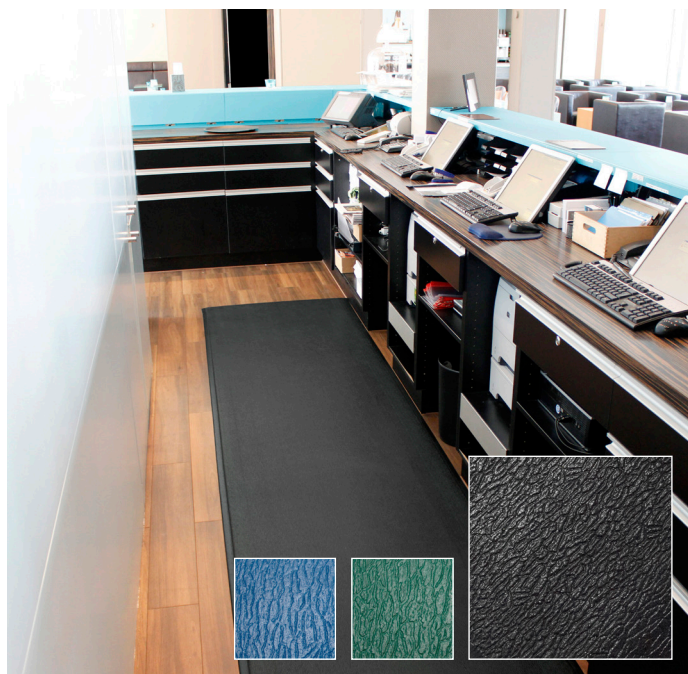
ORTHOMAT PREMIUM

The ultimate in durable anti-fatigue mats



- Dual fused layer construction for superior comfort and durability.
- Tough PVC foam textured top surface for excellent resilience against wear and tear.
- Low density under layer provides extremely effective underfoot cushioning.
- Exceptional fatigue-relief properties – a real investment for the workplace.
- Ideal for demanding locations, especially where regular turning is involved.
- Tapered edges to reduce trip hazards.

| Size | Black | Blue | Green | Weight |
|-------------------------|-----------|----------|----------|----------|
| 0.6m x 0.9m | FF010001 | - | - | 2.00 kg |
| 0.9m x 1.5m | FF010002 | - | - | 4.99 kg |
| 0.9m x 18.3m | FF010003 | FF020003 | FF040003 | 61.00 kg |
| 0.9m x per linear metre | FF010003C | - | - | 3.80 kg |
| 1.2m x 18.3m | FF010006 | - | FF040005 | 93.50 kg |
| 1.2m x per linear metre | FF010006C | - | - | 5.10 kg |



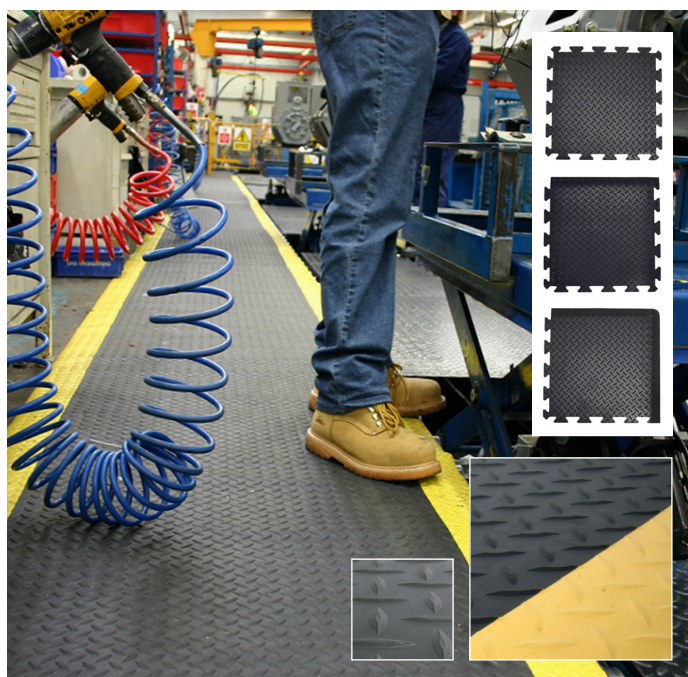
DECKPLATE / CONNECT

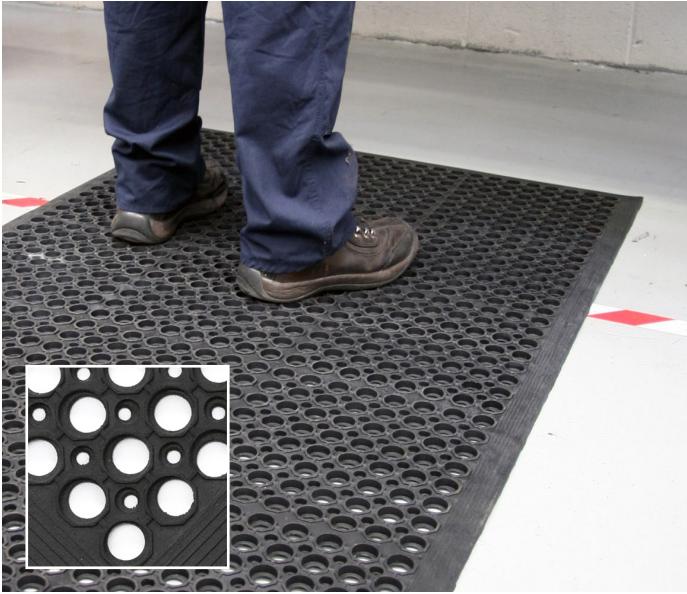
Durable Deckplate provides comfort and grip



- Hardwearing PVC soil resistant diamond pattern surface.
- Self-extinguishing top surface provides resilience to many industrial chemicals.
- Comfortable foam 'cushion' backing for fatigue relief.
- Available as Safety Deckplate with bright yellow borders.
- Supplied with ramped edges.

| Size | Black | Safety | Weight |
|-------------------------|-----------|-----------|-----------|
| 0.6m x 0.9m | DP010609 | SD010701 | 4.00 kg |
| 0.9m x 1.5m | DP010915 | SD010702 | 8.86 kg |
| 0.9m x 18.3m | DP010005 | SD010707 | 108.00 kg |
| 0.9m x per linear metre | DP010005C | SD010707C | 8.00 kg |
| 1.2m x 18.3m | DP010007 | SD010708 | 166.00 kg |
| 1.2m x per linear metre | DP010007C | SD010708C | 10.00 kg |
| 50cm x 50cm Middle | DP010008 | - | 2,00kg |
| 50cm x 50cm End | DP010009 | - | 2,00kg |
| 50cm x 50cm Corner | DP010010 | - | 2,00kg |





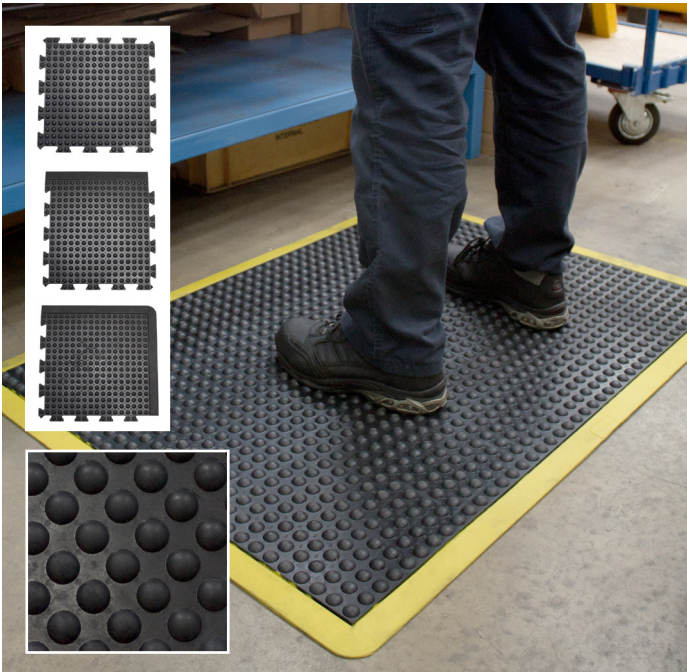
RAMPMAT

An economical anti-fatigue mat



- An economical anti-fatigue mat for the workplace.
- Raised circular surface for superior slip resistance.
- Conforms to Slip Resistance Test EN 13552 Category R10.
- Open drainage holes for spilt liquids.
- Made from hardwearing NBR rubber.
- Moulded bevelled edges reduce trip hazards.

| Size | Product Code | Weight |
|-------------------------|--------------|---------|
| 0.9m x 1.5m | RP010001 | 9.00 kg |
| 0.9m x 1.5m (Pack of 2) | RP010001PK2 | - |
| 0,8 m x 1.2m | RP010002 | 5.40 kg |



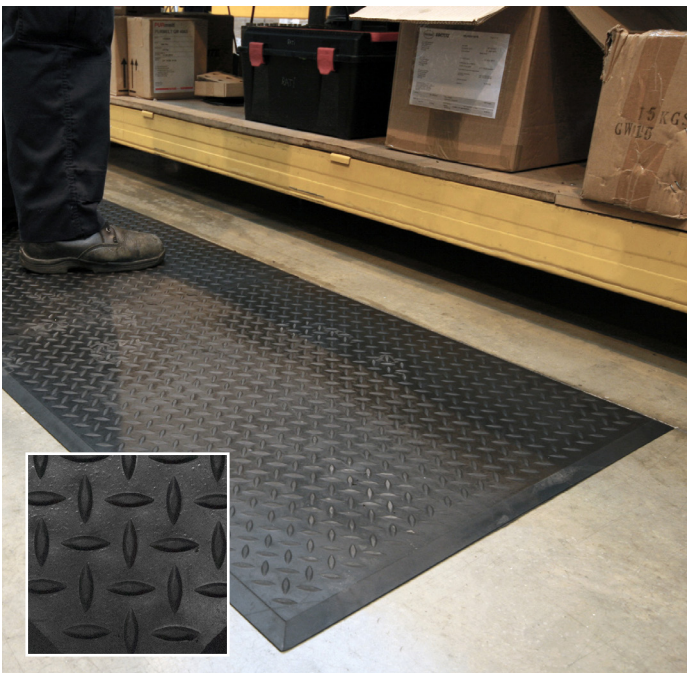
BUBBLEMAT / CONNECT

Nitrile and natural rubber options



- Effective anti-fatigue mat available in two options :-
 1. Bubblemat (100% natural rubber)
 2. Bubblemat Nitrile (75% natural rubber / 25 % nitrile)
- The addition of nitrile provides excellent resistance to oils and chemicals.
- Both options feature a raised bubbled surface to stimulate blood circulation.
- Available as complete mats or interlocking sections for longer runs.

| Size | Black | Nitrile | Safety |
|---|----------|-----------|----------|
| 0.6m x 0.9m | - | - | BF010701 |
| 0.9m x 1.2m | - | - | BF010702 |
| 0.6m x 0.9m (edged all round) | BF010001 | BF010001N | BF010703 |
| 0.9m x 1.2m (edged all round) | BF010002 | BF010002N | BF010704 |
| 0.6m x 0.9m (interlocking end piece) | BF010003 | BF010003N | BF010703 |
| 0.9m x 1.2m (interlocking middle piece) | BF010004 | BF010004N | BF010704 |
| 0.5m x 0.5m (Middle) | BF010007 | - | - |
| 0.5m x 0.5m (End) | BF010008 | - | BF010708 |
| 0.5m x 0.5m (Corner) | BF010009 | - | BF010709 |



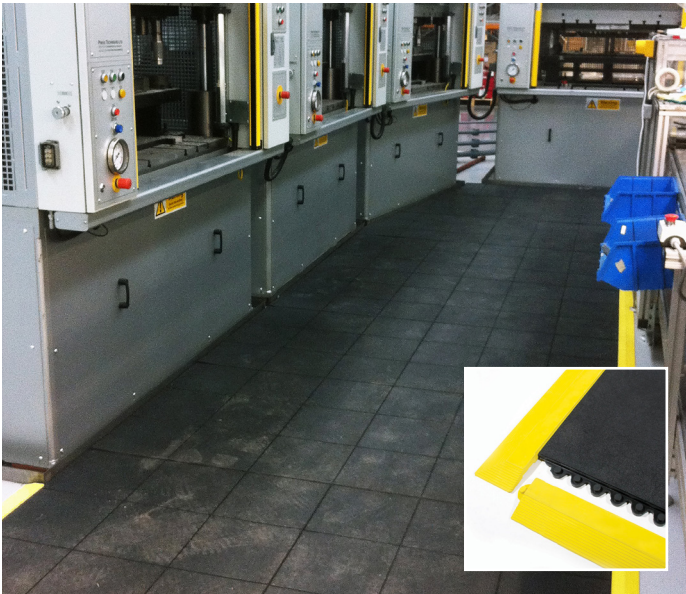
COMFORT-LOK

Durable, modular matting



- Ideal anti-fatigue matting for greasy or oily areas.
- Hardwearing natural SBR rubber and nitrile.
- Suitable for high temperature environments.
- Comfortable standing surface for operatives.
- Diamond patterned surface provides underfoot grip.
- Conforms to Slip Resistance Test EN 13552 Category R9.
- Interlocking modules or single mat (edged all round).

| Size | Product Code | Weight |
|---|--------------|---------|
| 0.7m x 0.8m (edged all round) | CLO10001 | 4.10 kg |
| 0.7m x 0.8m (interlocking middle piece) | CLO10002 | 4.10 kg |
| 0.7m x 0.8m (interlocking end piece) | CLO10004 | 4.10 kg |



SOLID FATIGUE-STEP

Ultra-comfortable interlocking tiles in nitrile and rubber



- Interlocking solid surface tiles in two options:-
 1. Solid Fatigue-Step (a blend of natural rubber and nitrile)
 2. Solid Fatigue-Step Nitrile (100% nitrile)
- Nitrile option has excellent resistance to oils, chemicals and grease.
- Tiles link together to provide a very comfortable anti-fatigue surface.
- Can withstand temperatures of up to 160°C and spillage of molten glass.
- Individual tiles can be moved and replaced with ease.
- Conforms to Slip Resistance Test EN 13552 Category R10.
- Optional bevelled edging in yellow or black.

| Size | Standard | Nitrile | Weight |
|---------------------------------|------------|------------|----------|
| 0.9m x 0.9m | ST010001 | ST010001B1 | 11.15 kg |
| Edging (Nitrile) | Black | Yellow | Weight |
| Fatigue-Step Female Corner Edge | SS010002FN | SS070002FN | 1.00 kg |
| Fatigue-Step Male Corner Edge | SS010002MN | SS070002MN | 1.00 kg |

FATIGUE-STEP

Anti-slip floor tiles for wet and oily areas



- Interlocking open holed tiles in two options:-
 1. Fatigue-Step (for general industrial use - black)
 2. Fatigue-Step Oil Resistant (for especially oily areas or locations using grease - blue)
- Soft, yet resilient rubber floor tiles.
- Open holes allow efficient drainage of spilt liquids.
- Effective anti-fatigue properties for prolonged standing.
- Fatigue-Step conforms to Slip Resistance Test EN 13552 Category R10.
- Grease-proof option (blue) will not deteriorate when in contact with fats and oils.

| Size | Black | Blue | Weight |
|---------------------------------|-----------|-----------|---------|
| 0.9m x 0.9m | SS010001 | SS020001 | 9.95 kg |
| Edging (Standard) | Black | Yellow | Weight |
| Fatigue-Step Female Corner Edge | SS010002F | SS070002F | 1.00 kg |
| Fatigue-Step Male Corner Edge | SS010002M | SS070002M | 1.30 kg |

EASY TO INSTALL

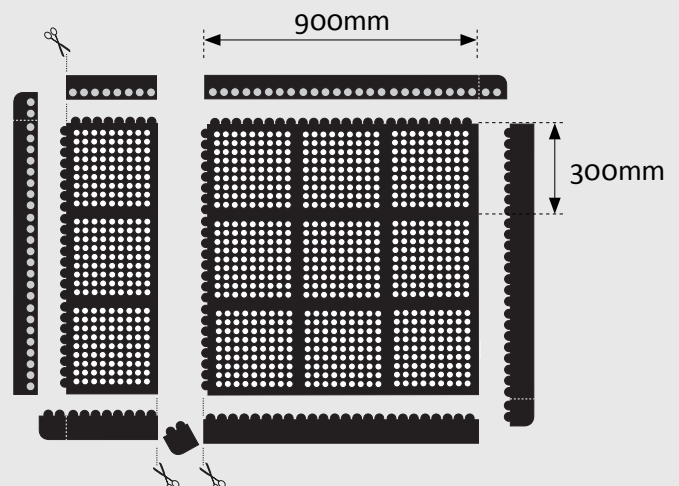
Uniquely Flexible

Every tile can be cut along the dividing (30cm) lines and still retain its ability to be linked to another tile or edge.

Edging comes in both Male and Female versions. Both versions have an attached corner piece that can be trimmed to allow for continuous edging.

Example:

2 x Tile (1 x Cut) 3 x Male Edge
3 x Female Edge Area covered = 1.08m²



Accessories are available on request



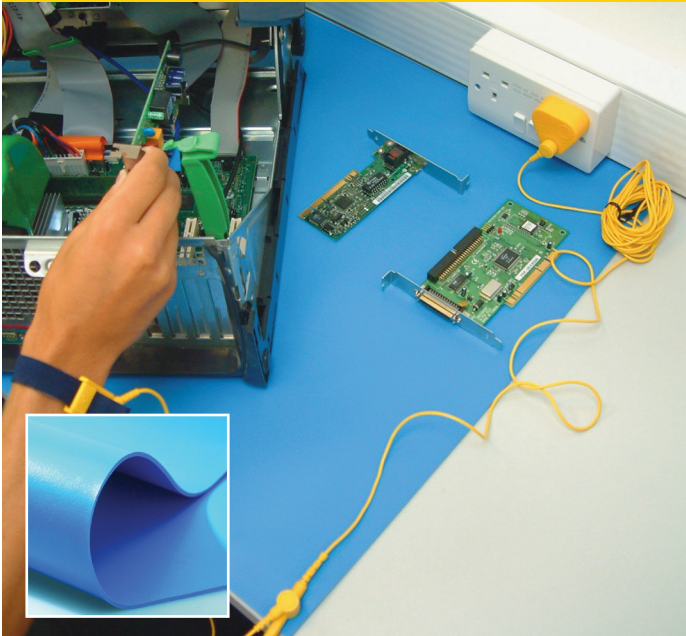
COBAELITE® ESD



- Premium quality 'bubbled' surface anti-fatigue mat.
- Made from extremely hardwearing polyurethane.
- Raised surface stimulates blood circulation on foot movement.
- Safety bevelled edging as standard.

| Size | Product Code | Weight |
|--------------|--------------|---------|
| 0.6m x 0.9m | SE010001 | 2.00 kg |
| 0.9m x 1.2m | SE010003 | 4.50 kg |
| Special Size | SE010010 | 0.00 kg |

Accessories are available on request

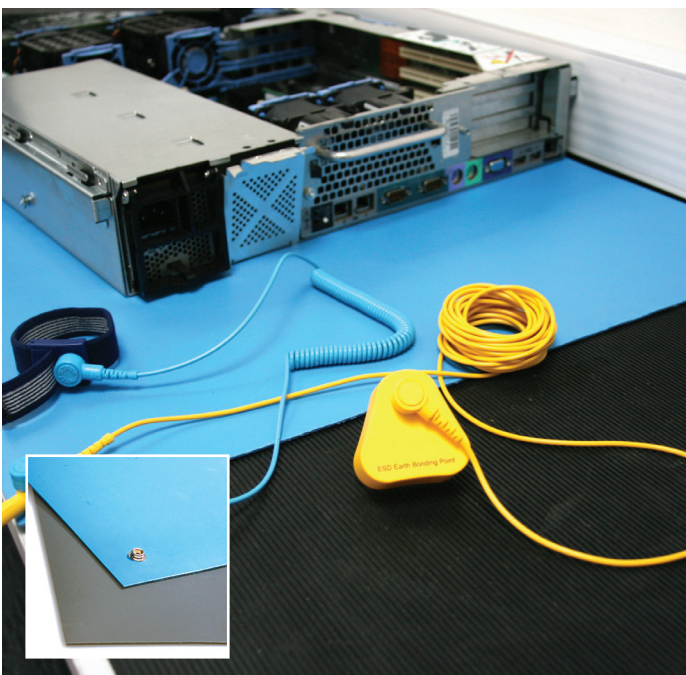


BENCHSTAT



- Superior static-dissipative work surface mat.
- Protects both components and operatives.
- Buried conductive middle layer for ESD protection.
- Meets or exceeds IEC61340-5-1 resistance requirements.
- Actual resistance: $1 \times 10^7\Omega$ to $1 \times 10^9\Omega$.

| Size | Blue | Grey | Weight |
|-------------|----------|----------|----------|
| 0.6m x 1.2m | ISO20004 | ISO60004 | 1.52 kg |
| 0.6m x 30m | ISO20001 | ISO60001 | 38.00 kg |
| 0.9m x 30m | ISO20002 | ISO60002 | 67.20 kg |
| 1.2m x 30m | ISO20003 | ISO60003 | 87.50 kg |



HR MATTING



- Static-dissipative, durable work surface mat.
- Conductive buried layer protects components.
- Grounded via a 10mm male stud fitted to the mat.
- Meets or exceeds IEC61340-5-1 resistance requirements.
- Actual resistance: $1 \times 10^7\Omega$ to $1 \times 10^9\Omega$.

| Size | Blue | Grey | Weight |
|--------------------------------------|-----------|-----------|----------|
| 0.6m x 1.2m | HR020001 | HR060001 | 2.47 kg |
| 1.2m x 3m | HR020002 | HR060002 | 12.35 kg |
| 1.2m x 15m | HR020003 | HR060003 | 63.00 kg |
| 1.2m x per linear metre (max. 15.3m) | HR020003C | HR060003C | 5.00 kg |

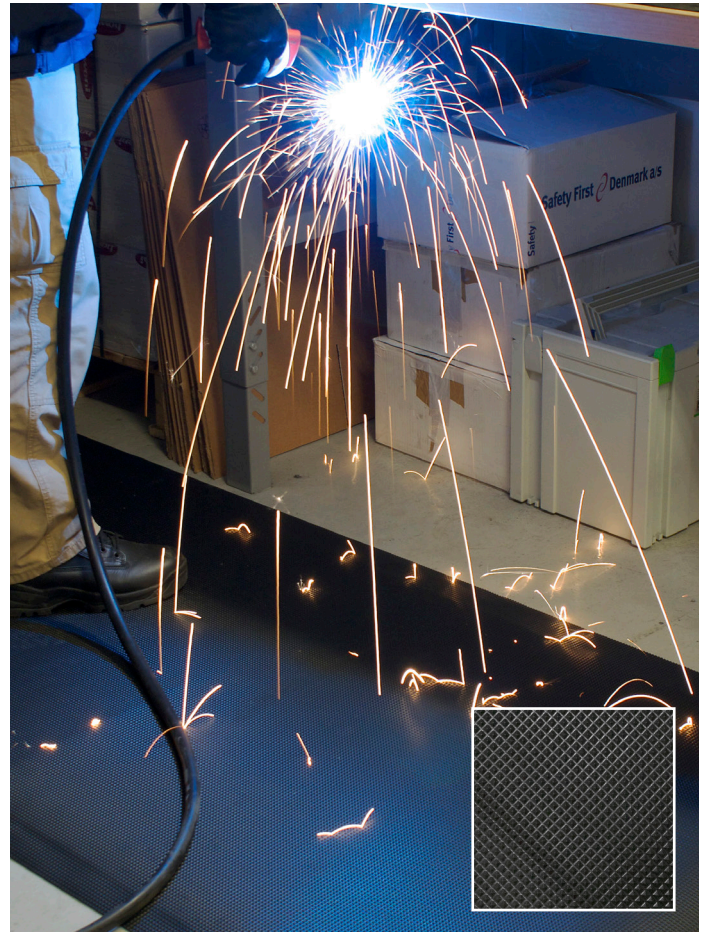
DIAMOND TREAD

Ideal safety matting for welding bays



- Heavy-duty 'diamond tread' top surface.
- Comfortable foam backing offers superior fatigue relief.
- Flame retardant top surface.
- Fire test classification of Cfl-s1.
- Ideal for welding bays and demanding industrial use.

| Size | Black | Weight |
|-------------------------|------------|-----------|
| 0.6m x 0.9m | DTB010001 | 3.70 kg |
| 0.9m x 1.5m | DTB010002 | 9.32 kg |
| 0.9m x 18.3m | DTB010003 | 113.00 kg |
| 0.9m x per linear metre | DTB010003C | 6.50 kg |



GRIPFOOT

Grit Tape for Slip-Resistance

- Abrasive grit 'anti-slip' products with self-adhesive backing available in tapes, cleats and tiles.
- Provides additional grip underfoot on smooth surfaces.
- Hardwearing and easy to install.
- Gripfoot Tape – versatile for floor surfaces, machinery and vehicles.
- Gripfoot Cleats (rectangular) are designed for use on steps and stairs.
- Gripfoot Tiles (square) are ideal for increasing safety on smooth, tiled floors.
- Hazard version (tape only) in yellow/black provides high visibility in darkness or low light conditions.
- Conforms to Slip Resistance Test EN 13552 Category R13

| Size | Yellow | Blue | Red | Green |
|---------------|-----------------|--------------|---------------------|------------------|
| 50mm x 18.3m | GF070002 | GF020002 | GF030002 | GF040002 |
| Size | Luminous | Clear | Black/Yellow | Red/White |
| 50mm x 18.3m | GF110002 | GF110003 | GF010702 | GF031002 |
| Tiles | | | | Black |
| 140mm x 140mm | | | | GF010005 |
| Cleats | | | | Black |
| 152mm x 610mm | | | | GF010006 |



For more information contact:

Headquarters

CERVA GROUP a.s.
Prologis Park Prague Airport
Hala DC2
Průmyslová 483
252 61 Jeneč

☎ +420 257 950 950 ✉ export@cerva.com

🌐 www.cerva.com